



THE
branches

Work Trade Information & Application Form

The Work Trade Program at The Branches is part of our commitment to make yoga more accessible, offering classes in exchange for a regular shift at the studio. Please take some time to read the description of the Work Trade Program. If it feels like a good fit, complete and submit the Application Form to info@thebranchesyoga.com

We ask for a minimum commitment of 3 months (e.g., every Tuesday for 3 months) to be considered for the program.

Description

Work Trades commit to one 3-4 hour shift per week in exchange for a minimum of 4 in-person classes per month, unlimited virtual access and additional perks. Work Trades must be available for the same shift every week (e.g., every Tuesday from 5:30-9:30pm)

Work Trade duties include:

Greet -- welcoming new students to the space, providing information about our classes and programs, and assisting students with class purchases and merchandise.

Care -- regular cleaning of studio rooms, change rooms, and washrooms; sweeping and mopping of floors and stairs; dusting, vacuuming, and other cleaning tasks as needed.

Create -- developing or connecting to creative projects at the studio, as a way to share your unique gifts with the community! This can include working on creative signs and labels or something of your own imagination!

Remote -- perform administrative or creative tasks from home.

To be considered as a Work Trade you must:

- Possess excellent interpersonal and communication skills
- Be able to multitask and set priorities
- Feel comfortable working both on paper and with a computer
- Have a desire to share your gifts in community and to contribute towards a positive experience for yoga students
- Hold high standards of performance and the drive to complete tasks in a timely manner
- Enjoy individual work and teamwork
- Want to make a difference in the space; value contributing to the larger community.

Work Trade Application Form



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| Name | |
| Email | |
| Phone Number | |

1. Please indicate your general availability for a work trade shift.
2. What does The Branches mean to you? What has your relationship been to the studio? Which classes and/or teachers have you connected with? How has the studio been important to you?
3. What appeals to you most about the Work Trade Program?
4. Is there anything that you think might interfere with completing your work trade position such as school, work/volunteer commitments, or family obligations?
5. Do you have any medical or health issues we should be aware of?
6. What do you hope to gain from participating in the Work Trade Program?
7. Which school/work/volunteer/life experiences can you bring to the Work Trade Program? Which special skills, creative interests, and passions do you love to share?

Submit this form to info@thebranchesyoga.com